



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

**FROM THE PASTOR'S DESK**

***Weekly Gospel Reflection*** (Jn 4:5-42)



Jesus says to the Samaritan woman, “**Give me a drink.**” It is a very simple and yet profound and symbolic statement. The Lord thirsts for each of us! The words of Jesus are striking in the light of His last words from the Cross: “**when Jesus knew that all was now finished, he said ‘I am thirsty’**” (Jn 19:28).

As we long for Christ, He longs for us even more. He wants to give us the living water, that is, the life-giving Spirit of God.

Fr. Jamroz

**WELCOME TO ST. MICHAEL PARISH**

Welcome, we are glad you're here! For details on our parish life, please check out our website: [www.stmichaelw.ca](http://www.stmichaelw.ca)



**Tuesday, March 14, 2023**

**7:00 pm** + Special Intentions of Marianne Thompson  
- Kathleen Ebrahimi

+ Krystyna Zarin – Her Children

**7:30pm-8:30pm** Holy Hour with Adoration & Benediction

**Wednesday, March 15, 2023**

**12:15 pm** + Special Intentions of Benny Friel  
- Kathleen Ebrahimi

**Thursday, March 16, 2023**

**12:15 pm** + Nikola Fabina – His Children

**Friday, March 17, 2023**

**8:00 am** + Anne Mastrovita – Maria Kuzio

**8:30am-9am** Adoration of the Blessed Sacrament

**7:00 pm** + KJ, Mary Kutty, PC, & Thankamma Thomas  
- Thomas Kevin Biju

+ In Thanksigivng – Thomas Kevin Biju &  
Thomas Calvin

**7:30 pm** + Stations of the Cross

**Saturday, March 18, 2023**

**5:00 pm** + Madeline & Anthony Hergott – The Family

+ Special Intentions of Theresa Tait  
- Dan McEachren

**Parish Office Hours**

The parish office is open Monday to Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz by telephone at 519-884-9311 ext. 27 or by email at [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca).

**Sunday Homilies Online**

Sunday homilies are available weekly online in audio version through our parish website – just click on the button ‘LISTEN TO HOMILY’.

**The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

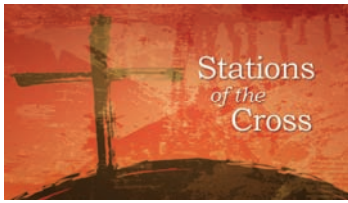
**Prayer Intentions**

Prayer intentions are placed at the front of the Altar that are remembered privately at Mass during the prayers of the faithful. You can also have your request shared with our prayer group ministry. If you wish to have a prayer intention added, please go to our website [www.stmichaelw.ca](http://www.stmichaelw.ca) and click on the link on the bottom of the page or contact the parish office by phone or email.

**ROSARY ON-LINE DURING LENT**

All are invited to join together in praying the Rosary on **Monday** evenings during Lent – March 20<sup>th</sup>, 27<sup>th</sup> and April 3<sup>rd</sup>. **The Rosary will be prayed on-line over Zoom at 7pm.** It will be led by a member of the CWL.

If you would like to join, please email Shani Pregelj:  
email = [cwl@stmichaelw.ca](mailto:cwl@stmichaelw.ca) or phone 519-883-8933



## Stations of the Cross

Join us every Friday during Lent for 7 pm Mass.

Immediately after we have Stations of the Cross.

Did you know that a plenary indulgence is granted to the faithful who make the pious exercise of the Way of the Cross? The gaining of indulgence requires certain conditions. The three conditions are: 1) Receive the sacrament of Reconciliation (being in state of grace); 2) Receive Holy Communion; 3) Pray for the intentions of the Holy Father.

## What is an indulgence?

The word indulgence (Latin *indulgentia*) originally meant kindness or favor. An indulgence is not the forgiveness of sin. Our Catechism explains: “*An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven ...*” *The faithful can gain indulgences for themselves or apply them to the dead* (CCC 1471).

In the Sacrament of Reconciliation, the guilt of sin is removed but there still remains the temporal punishment and this requirement must be fulfilled either in the present life or in the world to come, i.e., in Purgatory. An indulgence offers the penitents the means of discharging this debt during their life on earth.

## Lenten Workshop on the Eucharist

On **Thursday, March 30<sup>th</sup> at 7:00PM** we will have Workshop on the Eucharist. We will discuss and reflect on “**the Eucharist as the Summit of Christian Life.**” The goal of this workshop is to give us a deeper understanding of the Mass. It will be facilitated by our Pastor, Fr. Jamroz. All are welcome!

## Volunteer Screening Committee (VSC) - Recruiting Volunteers

Approximately 1.5 years ago we reintroduced our Parish's volunteer recruitment, screening and training best practices with a new committee and directive. With two of our committee members moving, we are actively recruiting to fill these positions. This is a high risk position requiring a Vulnerable Sector check and other requirements. Training will be provided. For more information, or to express interest in the role, please contact Kathy Shaw - [shawbing@rogers.com](mailto:shawbing@rogers.com), or 519-886-2117.

## Vacation Bible School

We are looking for youth and adult volunteers to help us run Vacation Bible School this summer from **August 21 to 25**. This is a great opportunity for high school students to complete volunteer hours. Please contact the Parish office for more information at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)



**DIOCESE OF HAMILTON**

**The 2023 Diocesan Wedding Anniversary** - Time is running out! Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2023? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, April 16, 2023 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Register now at [hamiltondiocese.com](http://hamiltondiocese.com), or contact the Family Ministry Office at 905-528-7988 ext. 2249.

**Join the Reel Justice Film Festival** for our fun family screening of **Coco March 23, 2023 at 6:30 PM!** This delightful film follows young Miguel as he dreams of becoming an accomplished musician, despite his family's generations-old ban on music. Themes of Family and Community, Dignity of the Human Person, Forgiveness, and Cultural Diversity are explored. The screening will be hosted online. **R.S.V.P. and view our full schedule of events at [www.reeljusticefilmfestival.wordpress.com/](http://www.reeljusticefilmfestival.wordpress.com/).** A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustice.

**PARENTING TIP OF THE MONTH** Parenting Tip 148 - Family is the most powerful influencer in any person's life. What we learn from our family has lifetime implications, influencing how we act, see ourselves and feel about others. As parents, it is important that we do not treat our children as mini-adults, but instead view them as a child of a certain age. There are normal patterns to children's brain development and when we understand those stages, we can more fully understand how to love, teach, discipline and support our children throughout their lives. Family and faith provide a solid foundation for each child when parents take the time to learn about their child's developmental age and ability. From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250.





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## Waterloo Knights of Columbus

Columbus Conference Centre  
145 Dearborn Place  
Friday Night Fish Fry:  
Take out call Derek 226-748-8378  
Eat in call Manager 519-884-2060  
Wednesday Spaghetti: Take out/Eat in call  
Manager 519-884-2060, place orders by 2:30 pm  
Hall Rentals: Stag & Does, Meetings, Parties,  
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